

Implementation of an innovative "Puff Visual Chart" to Enhance Puff Compliance of COPD Patients in the Community

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Why we make this?

- Poor self-management due to old age , illiterate caused noncompliance and frequent admission
- Proper puff use can promote health and QOL
- Anything we can do to promote puff compliance?

What We Make ?



洗澡前

起床後

等 1 分鐘

等 20 分鐘

每次 下

請漱口

午飯前

運動前

COPD VISUAL CHART

慢阻肺病:日常生活活動與吸入或藥物治療的配合

Consideration of best puff regime

1. Patient whole drug profile history
2. Patient present physical condition

You can ask the following question

你什麼時候有氣喘發? 有√ 沒有x

1. 起床喘	
2. 刷牙喘	
3. 吃午餐喘	
4. 大便喘	
5. 吃午餐喘	
6. 洗澡喘	
7. 沖浴喘	
8. 吃晚餐喘	
9. 睡覺喘	
10. 其他情況	

起床後

洗澡前

睡覺前

每次 二下

每次 二下

每次 二下

每次 二下

每次 二下

每次 二下

請漱口

請漱口

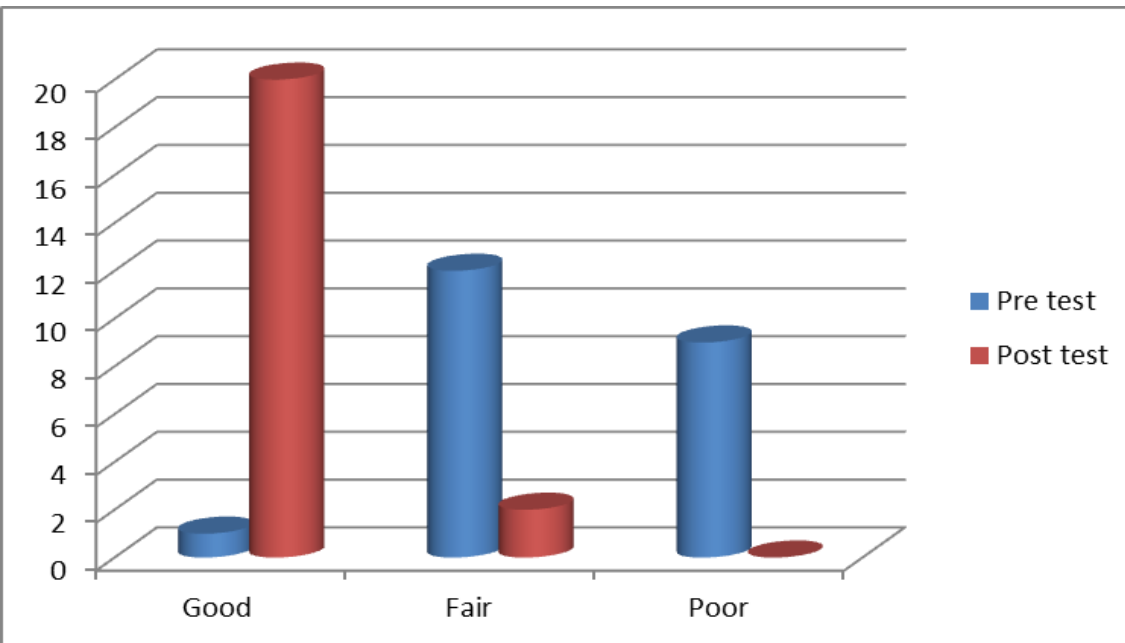
如氣喘增加或持續咳嗽時

每次二至四下

Result

	Agree	Disagree
Facilitate Care	21	1
Time Consuming	17	5

Staff Attitude towards Puff Visual Chart Survey



Puff Compliance



Conclusion

The chart was well accepted by nursing colleagues;
Elderly patients would have more motivation to comply
with regime because of the easy understanding of the
visual illustration.

