

NURSE LED RUBBER BAND LIGATION OF HAEMORRHOIDS SHORTENS PATIENT'S WAITING TIME OF PROCEDURE ARRANGEMENT AND FOLLOW UP

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Introduction

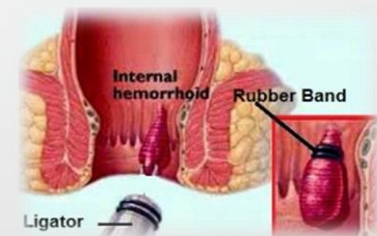
- Increase demand, Trained specialty nurse to perform RBL, Supervision by Colorectal specialist and audit.

Objectives

- Evaluate the effectiveness and safety of RBL of haemorrhoids by specialty nurse.

Methodology

- Once weekly RBL session was commenced since Jan 2010 in NDH, 4 male patients each session.
- Follow up by specialty nurse two monthly afterwards and Surgeon routine.



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- In 2012, Total 146 male patients were referred for RBL

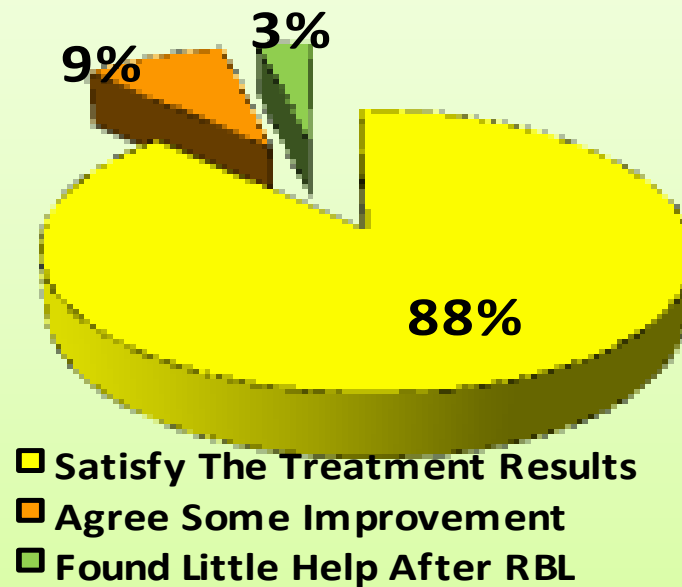


- Data were collected on symptoms, proctoscopic appearance and outcome data were recorded for success of treatment, complications and patients' satisfactory

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Results

PATIENTS SATISFACTORY



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Conclusion

- Effective
- Symptom free results (86.3%)
- Shorten patients' waiting time for RBL arrangement from 32 weeks to 8 weeks and follow up from 20 weeks to 8 weeks
- Well accepted by patients
- Good opportunity for specialty nurse training and development