


Changes of East Kowloon General Outpatient Clinic--- towards multidisciplinary team and collaboration with community partners

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Service enhancement in East Kowloon General Out Patient Clinic

- Risk and management program (RAMP)
- On site allied health service
- Integrated Mental Health Program (IMHP)
- Patient Empowerment Program (PEP)
- Minor operation session by Family Doctor
- Insulin therapy for diabetic patients



Multidisciplinary team approach

- Team members: nurses, family physicians, dietitian, physiotherapists, optometrists, occupational therapist, podiatrist, social worker and supporting staff.
- Emphasis on patient empowerment
- Regular meeting among members and psychiatrist.



Collaboration with community partner

- Patient Empowerment Program (PEP)
- Collaborate with The Hong Kong Society for Rehabilitation, 807 patients joined the program.
- Social resources are mobilized in patients under IMHP care



Gate keeping

- Integrated mental health program (IMHP): More mental service support to patients with mild to moderate mood disturbance
- 119 patients have minor procedures
- 45 patients have started insulin therapy



Conclusion

- An ordinary general outpatient clinic changes to a clinic with multidisciplinary team, collaboration with community partners and secondary care.
- Through these changes, we can take care of psychosocial and physical problem more successfully.