The Roles and Challenges of Continence Nurse Consultant in Hong Kong

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Nurse Consultant (Continence)
KEC
Continence care service

- The service provides assessment, intervention and management of bladder and/or bowel problems

- All age groups of clients from 6 to elderly people
Roles of Nurse Consultant

- Research and evidence base practice
- Education
- Continuous quality improvement
- Clinical expert
- Service development
Continence Care Service area

Kowloon East Cluster (KEC) Continence Service

- United Christian Hospital (UCH)
- Tseung Kwan O Hospital (TKOH)
- Haven of Hope Hospital (HHH)
  - Inpatient
  - SOPD
  - GOPC
  - Inpatient
  - SOPD
  - GOPC
  - Inpatient
Difference between role of NC and APN

Complexity

High: Nurse Consultant

Low: Advanced Practice Nurse
Service development: Extend service from hospital to community

- Nurse-led clinic at 3 GOPCs
- 2 tier service model
Outreach continence nurse clinic

Subvented Care & Attention Home

Geriatric Day Hospital
Collaborate with NGO at community
Set up Integrated Continence Care Service at UCH
Education: education within hospital

In-service training

Post –registration certificate course
Exhibition board at hospital
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失禁有得医

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Health talk for pubic

In the community  
At hospital
Continence resource centre
Continuous Quality Improvement

• Standardization of guidelines and protocols

• Promote the use of bladder scan
Research and evidence base practice

- Evidence base practice
- Develop clinical pathway for continence care
Challenges

• To raise the awareness of continence care

• To standardize the guidelines and protocols of continence care in a cluster level

• To change health care models

• To improve the facilities
Thank you