## Acute Lymphoblastic Leukaemia (ALL) in Children: Improvement without new drugs

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## Trends in New Cases of Cancer among Children and Adolescents (0-18 years), 2001-2010



Hong Kong Paediatric Haematology & Oncology Study Group

# **Paediatric ALL**

- Commonest childhood malignancy
- 25% of all childhood cancer
- Incidence: 3-4 cases per 100,000 children
- 30-40 new cases per year in Hong Kong
- \* 6,600 8,800 new cases per year in China (222 million children <15 yr)</li>

## Survival Comparison CCG ALL Study Series



## Improvement of Event free survival by chemo: HKALL 93 (UK based) vs HKALL 97 (BFM based)



Li CK et al. Hong Kong Med J. 2006 Feb;12(1):33-9, Li CK et al: Hematol Oncol 2003; 21:1-9



#### 10 year Overall Survival : 1993 - 2012

# How to improve the cure rate?

- 1. Understand the genetic basis of ALL,
- 2. Discover effective anti-leukaemia agents
- 3. Learn to use the anti-leukaemia drugs properly and wisely through large scale randomized studies
- Avoid agents/therapy with significant late complications
- 5. Tailor the treatment intensity best suit the patient (individualized treatment)

# **Genetic basis**

- \* ALL is NOT a single disease
- Heterogeneity in genetic basis with great variability in prognosis, treatment response
- Large clinical trials define the importance of various genetic basis

#### Estimated frequency of specific genotypes in childhood ALL.



Pui C et al. Blood 2012;120:1165-1174

## Characteristics and Clinical Outcomes of Selected Subtypes of Childhood ALL: Treatment implications

Subtype	Frequency (%)	Clinical Implication	Estimated 5-Year Event-Free Survival (%)
B-Cell precursor			
Hyperdiploidy >50	20 – 30	Excellent prognosis with antimetabolite-based therapy	85 – 95
t(12;21)(p13;q22) <i>ETV6-RUNX1</i>	15 – 25	Expression of myeloid-associated antigens CD13 and CD33; excellent prognosis with intensive asparaginase therapy	80 – 95
Trisomies 4 and 10	20 – 25	Excellent prognosis with antimetabolite therapy	85 – 90
t(1;19)(q23;p13) <i>TCF3-PBX1</i>	2 – 6	Increased incidence in blacks; excellent prognosis with high-dose methotrexate treatment; increased risk of CNS relapse in some studies	80 – 85
Intrachromosomal amplification of chromosome 21	2 – 3	More common in older children and adolescents; poor prognosis; benefit from intensive induction and early re-intensification therapy	30 – 40
t(4;11)(q21;q23) <i>MLL-AF4</i>	1 – 2	Poor prognosis and predominance in infancy, especially those <6 months of age; overexpression of <i>FLT3</i>	30 – 40
t(9;22)(q34;q11.2) <i>BCR-ABL1</i>	2 – 4	Imatinib plus intensive chemotherapy improve early treatment outcome	80 -90 at 3 years
t(8;14)(q23;q32.3)	2	Favourable prognosis with short-term intensive therapy with high-dose methotrexate, cytarabine, and cyclophosphamide	75 – 85
Hypodiploidy <44 chomosomes	1 -2	Poor prognosis	35 – 40
CRLF2 overexpression	6 – 7	Poor prognosis, common in patients with Down syndrome (55%)	?

# Effective Anti-Leukaemia Agents

Temporary remission in acute leukaemia in children produced by folinic acid antagonist, 4-aminopteroyl-glutamic acid (Aminopterin)

Farber S, Diamond LK, Mercer RD, Sylvester RF, Wolff JA New England J Medicine 1948, 238:787.

# **5-year survival**

- **\*** < 10% in the 1960s
- 20% in early 1970s to 60% in late 70s
  Further improve to 77% in 1985 -1994
  ~90% in 2000s

 New anti-leukaemia drugs introduced in 1970s

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Figure 1	Ind	lucti	ion		Intens	5			<u>H</u>	(A)		<u>93</u>	<u>Pro</u>	toc	<u>ol</u>					Int	ens		maintenance
WEEKS	1	2	3	4 :	<sub>5</sub> if	6	7	8	9 1	0 1	11 1	2	13 1	4 1	5 1	6 1	7 1	8 1	9	20	21	22	23 24 25 26
BM Aspiration	1																			1			
IT Methotrexate		1		4			SR ð	k IR	t		t		<b>†</b> '							1			IR IR I.T. MTX every 12 week
HD Methotrexate 6-8 g/m2								IR															
Cranial RT 18 Gy								HR															Daily 6MP, weekly
Daunorubicin 45 mg/m <sup>2</sup> IV					t t															† †			MTX, monthly
Vincristine 1.5 mg/m <sup>2</sup> IV	+	ł						4									4			+			pulse pred/VCR
Prednisolone 40 mg/m <sup>2</sup> PO	-	1			, 		4																
Asparaginase 6000 iu/m <sup>2</sup> SC	<b>↓</b> ↓	↓↓↓↓	+++																				For total of 2-3
Etoposide 100 mg/m <sup>2</sup> IV					1111															* * * *	†		years
Cytarabine 100 mg/m <sup>2</sup> IV					$\begin{array}{c} \downarrow \downarrow \downarrow \downarrow \downarrow \\ \uparrow \uparrow \uparrow \uparrow \uparrow \end{array}$															+ + + + + † † †	+ †		
Thioguanine 80 mg/m <sup>2</sup> PO																							
Mercaptopurine 75 mg/m <sup>2</sup> PO			с. С																				
Methotrexate 20 mg/m <sup>2</sup> PO														(									

IT: intrathecal, HD: high dose, IV: intravenous, SC: subcutaneous, po: oral, SR: standard Risk, IR: intermediate risk, HR: high risk.

## Chemotherapy in 80s, 90s, 2000s: No new drugs!

<u>Years</u>	Induction:	Consolidation:	Maintenance:	EFS and OS
1980s	Prednisone, Vincristine, L-asparaginase +/- daunorubicin	Cyclophosphamide, Cytarabine, Methotrexate, Mercaptopurine, thioguanine +/- Re-induction	Mercaptopurine, Methotrexate, +/- Vincristine, Prednisone	Event-Free Survival 60-70% , Overall survival : 70-80%
1990s	Prednisone, Vincristine, L-asparaginase +/- daunorubicin	Cyclophosphamide Cytarabine, Methotrexate, Mercaptopurine, thioguanine Re-induction	Mercaptopurine, Methotrexate, +/- Vincristine, Prednisone	EFS 70-80%, Overall survival : 80-85%
2000s	Prednisone Vincristine, L-asparaginase (PEG-aspar) +/- daunorubicin	Cyclophosphamide ,Cytarabine, Methotrexate, Mercaptopurine thioguanine Re-induction	Mercaptopurine, Methotrexate, +/- Vincristine, Prednisone	EFS 80-90%, Overall survival : 85->90%

# Basically no new drugs in past 3 decades

Why is there significant improvement in survival?

# **Proper use of chemotherapy**

- Multi-center large scale clinical trials
- Randomised studies to test hypothesis
- Applying drugs
  - \* of different combination
  - \* at different dosage
  - \* at different timing
  - According to patient biological characteristics and initial response to treatment

## Overall survival probability by treatment era for patients enrolled onto Children's Oncology Group trials in 1990-1994, 1995-1999, and 2000-2005.



1990 to 1999, 84% of death occurred within 5 year of diagnosis, only 1% > 10 year Hunger S P et al. JCO 2012;30:1663-1669



experience with one of the two high-risk strategies in trial 95

## **Randomized studies with sig results**

- \* CCG-105: Intermediate Risk (<10 years)
  - \* Delayed intensification (DI) vs no DI,
  - \* 625 p'ts recruited,
  - DI showed sig survival benefit:

10-year EFS 74% vs 60%

## \* UKALL 97:

- Induction : Dexamethasone 6.5mg vs Prednisone 40 mg (same steroid during maintenance)
- \* 1621 p'ts recruited
- Dexamethasone reduced CNS relapse, 2.5% vs 5.0% (p=0.007)
- \* EFS also improved 84.2% vs 75.6% (p=0.0007)



	Research Question	EFS	Conclusion
CCG1881 (1988-92)	+/ - DI : delayed intensification	83% vs 77%	Confirm value of DI
CCG1891 (1990-93)	2 DI vs 1DI (prednisone)	83% vs 76%	Confirm value of two DI
CCG1922 (1993-95)	Dexa vs Prednisone (1X DI)	85% vs 77%	Confirm value of Dexamethasone
CCG1991 (2000-05)	2 DI vs 1DI (Dexamethasone)	88.1% vs 88.3%	Dexa based, 1x DI sufficient
POG9904	NCI SR + t(12,21) or hyperdiploid +4+10, (MRD <0.01% -ve)	D8, 29 MRD -ve : 97%, (43% patients) D29 MRD -ve 92%	Favorable cytogenetics and good early response with best outcome

## **Treatment intensity according to biological characteristics and early treatment response**

- Precise stratification: age, WBC, genetics
- Early treatment response: (in-vivo drug response)
  - \* 7 days steroid response
  - Bone marrow blast % : Day 7, Day 15, Day 30 by morphology
  - Detection of very low level residual leukaemia cells in first 3 months:

 Minimal Residual Disease monitoring (1 in 10,000-100,000)

## HK-SG 97: Overall Survival of SR, IR, HR



## Sensitivity of techniques in detecting MRD

Technique	Sensitivity
Morphology	1-5%
Cytogenetics	1/100
FISH	1/1000
Flow cytometry	1/10000
Quantitative PCR	1/100000









## Minimal Residual Disease detection in paed ALL: Real-time Quantitative PCR, or Flow cytometry

## Patient-specific Leukaemia marker: either genetic mutation or Leukaemic-associated antigens



## Event-free survival (A) and cumulative incidence of relapse (B) according to PCR-MRD classification in pB-ALL patients

3184 patients treated in the AIEOP-BFM-ALL 2000 trial.

Stratified into 3 risk groups according to MRD on day 33 and 84 marrow as detected by q-PCR



#### (A) Event-free survival (EFS) and (B) cumulative incidence of relapse

815 patients treated in the AIEOP-BFM-ALL 2000 trial.

Stratified into 3 risk groups according to MRD on day 15 marrow as detected by flow cytometry



Basso, G. et al. J Clin Oncol; 2009, 27:5168-5174



NCIRG = HR



**HIGH RISK GROUPS** 

# **Avoid late sequelae**

- High chance of long term survival
- Avoid agents predispose to second malignancy:
  - Etoposide not used in non-High Risk patients
  - Cranial irradiation for CNS prophylaxis nearly stopped for all patients (decresed from 24.3% to 14.3%, now < 5%)</li>
  - Limit dose of anthracycline to prevent late cardiac toxicity

# **New Drugs**

- For very resistant diseases
- Difficulty to conduct clinical trials:
  - Small number of patients
  - Need multi-national collaboration study
  - Pharmaceutical industry may not be interested
  - National grant or NGO sponsors

#### Articles

#### Imatinib after induction for treatment of children and adolescents with Philadelphia-chromosome-positive acute lymphoblastic leukaemia (EsPhALL): a randomised, open-label, intergroup study



Published Online

Andrea Biondi, Martin Schrappe, Paola De Larenzo, Anders Castor, Giovanna Lucchini, Virginie Gandemer, Rob Pieters, Jan Stary, Gabriele Escherich, Myriam Campbell, Chi-Kong Li, Ajay Vora, Maurizio Aricò, Silja Röttgers, Vaskar Saha, Maria Grazia Valsecchi

#### Summary

Background 'Itials of imatinib have provided evidence of activity in adults with Philadelphia-chromosome-positive acute lymphoblastic leukaemia (ALL), but the drug's role when given with multidrug chemotherapy to children is unknown. This study assesses the safety and efficacy of oral imatinib in association with a Berlin–Frankfurt–Munster intensive chemotherapy regimen and allogeneic stem-cell transplantation for paediatric patients with Philadelphiachromosome-positive ALL.

Methods Patients aged 1–18 years recruited to national trials of front-line treatment for ALL were eligible if they had t(9;22)(q34;q11). Patients with abnormal renal or hepatic function, or an active systemic infection, were ineligible. Patients were enrolled by ten study groups between 2004 and 2009, and were classified as good risk or poor risk according to early response to induction treatment. Good-risk patients were randomly assigned by a web-based system with permuted blocks (size four) to receive post-induction imatinib with chemotherapy or chemotherapy only in a 1:1 ratio, while all poor-risk nations received post-induction imatinib with chemotherapy. Patients were stratified by

August 14, 2012 http://dx.doi.org/10.1006/ \$14/0-2045(12)/03/7-7 Department of Paediatrics (Prof A BiordiMD, P De Lorenzo PhD, C Lucchini MD), Department of Clinical and Preventive Medicine and EnPiALL Trial Data Centre (P De Lorenzo, Prof M C Valenchi PhD), University of Milano-Bicocca, Monza, Italic Department of

#### www.thelancet.com/oncology Published online August 14, 2012 http://dx.doi.org/10.1016/S1470-2045(12)70377-7

(2004-001647-30) and ClinicalTrials.gov, number NCT00287105.

Findings Between Jan 1, 2004, and Dec 31, 2009, we screened 229 patients and enrolled 178: 108 were good risk and 70 poor risk. 46 good-risk patients were assigned to receive imatinib and 44 to receive no imatinib. Median follow-up was 3-1 years (IQR 2-0-4-6). 4-year disease-free survival was 72-9% (95% CI 56-1-84-1) in the good-risk, imatinib *WG* 

Uncodage, Lund University Hospital, Lund, Sweden (A Castor PhD); Department of Paediatric Haematology Oncology, CHU Höpital Sud, Rennes, France (V Candemer MD); Erzamus

#### EFS in Philadelphia chromosome-positive ALL patients treated with imatinib



Schultz, K. R. et al. J Clin Oncol; 27:5175-5181 2009

## Chinese Childhood Leukemia Group (CCLG): 17 hospitals from 8 cities

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#### From 2008: 1989 patients recruited in this CCLG 2008 Study

#### **Coordinating hospital:**

Beijing Children Hospital, Capital Medical University Participating hospitals:

Hong Kong (5 hospitals) Children's Hospital, Suzhou University Children Hospital, Capital Research Institute Institute of hematology and Blood Diseases Hospital, CAMS , Tianjin People Hospital, Peking University, Children Hospital, Peking University, Children Hospital, Chongqing Medical University Union Hospital Tongji Medical School, Central China PLA General Hospital, Beijing Naval General Hospital, Beijing Shanghai Children Hospital, Fudan University Children Hospital, West China University

# **Success of ALL treatment**

- \* > 90% patients recruited into clinical studies
- Multi-centre studies, national or international, to have large sample size to test treatment hypothesis,
- New intervention arm always based on the best treatment arm of earlier study as control
- Randomised studies as gold standard
- Scientifically study the genetic basis and pharmacogenetics, and introduction of target therapy
- Individualised treatment to 'optimal' intensity