

Family Therapy for Depression and Anorexia Nervosa 2-Day Workshop

2 – 3 November 2018

Date & Time [Rescheduled]

2 – 3 November 2018 (Friday & Saturday),
9:00 a.m. – 5:00 p.m.

Venue

Lecture Theatre, 2/F, Block S,
Castle Peak Hospital, Tuen Mun

Course Fee

- 2 Days – HK\$2,600 per person
(HK\$2,200 per person for early bird
registration on or before 4 October 2018)
[Extended]
- 1 Day – HK\$1,500 per person
- Special price for full-time students
of mental health related subjects:
HK\$1,500 per person (for 2 Days)*

** Limited seats are available on a first-come,
first-served basis.*

Target Participants

Mental health professionals who are
interested to know about Family Therapy

Application Deadline

19 October 2018

Please visit IMH website www.imh.org.hk for more details and enrolment form.

Enquiry

Tel: 2456 7651 (Ms. Ip) Email: cph_imh@ha.org.hk
Fax: 2455 9330 Website: www.imh.org.hk



Prof. Joyce Ma

Professor,
Department of Social Work,
Chinese University of
Hong Kong

Clinical Fellow &
Approved Supervisor,
American Association of
Marriage and Family Therapy

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Course Description

The two-day training programme will provide participants with knowledge of family therapy for depression and anorexia nervosa. Upon the completion of the training, participants will be able to use a systemic framework to understand depression and anorexia nervosa, and the families' experiences, as well as to apply basic knowledge and skills in family therapy in helping people with depression and anorexia nervosa.

Course Content

Day 1: Anorexia Nervosa and Family-centered Intervention

- Understanding anorexia nervosa from the family and systemic perspectives
- Use of family therapy to help children and adolescents with anorexia nervosa
- Use of family therapy to help young couples facing anorexia nervosa

Day 2: Depression and Family-centered Intervention

- What is depression from the family perspective and systemic framework
- Use of family therapy to help the family facing depression
- Multiple family therapy

Medium of Teaching

Cantonese supplemented with English (with English handouts)

Accreditation

CME/CNE/CPD/CE accreditation in application.

Certificate of attendance will be issued with full attendance.

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About Prof. Joyce Ma

Prof. Joyce Ma Lai-chong is the Professor of the Department of Social Work, the Chinese University of Hong Kong (CUHK). Her specialties and research interests cover the areas of family therapy and multiple family therapy, mental health with recent focuses on eating disorders and attention deficit hyperactivity disorder (ADHD).

Prof. Ma is a Clinical Fellow and an Approved Supervisor of the American Association of Marriage and Family Therapy (AAMFT), the founder of the Shengang Family Treatment Centre of Nanshan Hospital in Shenzhen, and the Director of the Family and Group Practice Research Centre of the Department of Social Work, CUHK. She was also appointed as the Co-Clinical Director, Academy of Family Therapy, Hong Kong in January 2013, and the Fellow of the Asian Academy of Family Therapy. In June 2017, she was elected as the President-Elect (2017-2019) of the International Family Therapy Association and will be the President from 2019 to 2021.

Prof. Ma has published five Chinese books and one English book “Anorexia Nervosa and Family Therapy” (2011), and 93 refereed journal articles at international, regional and local venues of significant impact and visibility.